



2021-22 SEASON SCHEDULE
Celebrating 22 years of "Ballet Changes Lives"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:45-4:45 TURQUOISE PBT	4:00-5:30 TURQUOISE BALLET	2:30-3:30 RESERVED FOR PRIVATE LESSONS	4:00-5:30 TURQUOISE BALLET	4:45-5:45 PRE-TEEN/TEEN BEGINNING BALLET	9:30-11:00 ROYAL BALLET
3:45-4:45 FUCHSIA BALLET	5:30-6:30 ROYAL PBT/ PURPLE PBT	3:45-4:45 FUCHSIA BALLET	3:45-4:30 SEAFOAM CREATIVE MOVEMENT	4:00-6:00 COMPANY REHEARSALS	9:30-11:00 PURPLE BALLET
4:45-5:15 MEN'S TECHNIQUE/ PARTNERING	5:30-6:30 FUCHSIA JAZZ/ TURQUOISE JAZZ	4:30-5:15 SEAFOAM CREATIVE MOVEMENT	5:30-5:30 LILAC BALLET		11:00-12:00 POINTE CLASS
4:45-5:15 FUCHSIA PBT	6:30-7:30 ROYAL JAZZ/ PURPLE JAZZ	4:15-5:15 SCHOLARS II	5:30-6:30 SCHOLARS I		11:00-12:00 ROYAL VARIATIONS/ REPERTOIRE
5:30-7:30 ROYAL BALLET/POINTE	6:30-7:30 ADULT BALLET	5:30-7:00 ROYAL BALLET/POINTE	6:30-7:30 ROYAL CONTEMPORARY PURPLE CONTEMPORARY		12:30-3:00 COMPANY REHEARSALS
5:30-7:30 PURPLE BALLET/POINTE	7:30 COMPANY REHEARSALS AS NEEDED	5:30-7:00 PURPLE BALLET/POINTE	6:30-7:30 TURQUOISE CONTEMPORARY		
		7:00 COMPANY REHEARSALS AS NEEDED	7:00 COMPANY REHEARSALS AS NEEDED		



LEVEL PLACEMENT

All classes at The Conservatory are coded by color. Returning students are assigned level placement by the Artistic Director. All ages for class levels are approximate. Great care is taken to place students in the level most appropriate for their personal development. Ages are approximate and are not the only factor used when determining level placement. New students, please contact the Artistic Director to discuss the appropriate level for enrollment.

CLASS COLOR	APPROXIMATE AGE
SEAFOAM	3-4
LILAC	5-6
FUCHSIA	7-8
TURQUOISE	9-12
PURPLE	10-12
ROYAL	13+
PRE-TEEN/TEEN	11+
ADULT	16+

ADDITIONAL NOTES:

The Scholars Program is open to students in the Turquoise, Purple and Royal levels who wish to work at an accelerated pace in a small group setting. Classes are taught as an ongoing private lesson experience and are specifically catered to the individual needs of the participants. Space is limited. First priority for acceptance is given to students who were part of the Scholars Program during the previous season. Students study the physics of movement, kinesiology, how to break down complex steps based on their individual needs, dance technology, video production, choreography and more. This program is unique and found only at our school. Students interested should supply an essay stating why they should be considered for the program and what they hope to gain from participation by August 15, 2021. Because of the unique and personalized approach to this program, additional casting opportunities for CCFB productions and community events are given to Scholars Program students. Essays are to be emailed to balletartsconservatory@gmail.com

Scholars I is recommended for Turquoise and/or Purple dancers. Scholars II is recommended for Royal and/or Purple dancers. Please inquire for placement.

Conditioning/Cross Training classes feature the Progressing Ballet Technique™ method and incorporate PBT, Pilates, strength training and flexibility training. Our innovative classes are designed for beginning, intermediate and advanced students and work to assist dancers in understanding the depth of training in their muscle memory to achieve their personal best. PBT focuses on increasing core stability, strength, flexibility, decreasing injury and overall improved technique. All students ages 6+ are strongly encouraged to take this class. PBT classes are open to students outside of The Conservatory but space and priority enrollment is given to our full time students.

Men's Technique and Partnering is open to all gentlemen enrolled in our school. Ladies who wish to take beginning partnering must be enrolled in either the Turquoise or Purple level. Royal dancers with limited partnering experience may attend.